

WHAT DO I NEED TO GET STARTED IN CLOTH NAPPIES?

	0-3 months	3-6 months	6+ months
Nappy changes per day	12-15	8-10	5-8
Cloth wipes	18-25	12-15	8-12
Number of nappies	24-30	20-24	16-20
Day-time use inserts	Single insert	Single insert**	Double insert + booster
Night-time use inserts (12+ hours)	Single insert	Double insert**	Double insert + booster

Based on the above table & assuming you want to do laundry every 2-3 days. You will need:

- * 18-24 ONE-SIZE nappies
- * 24 cloth wipes (if you choose to use these instead of disposable wipes)
- * 1-2 Hanging diaper pail (to store dirty nappies until washing)
- * 1-2 Wet totes (for carrying used nappies when away from home)
- * 3-6 Extra inserts or doublers (for times when you need extra absorbancy)
- * Non-bio washing powder (we find Persil works well. If you live in hard-water area, please contact us)
- * Flushable nappy liners (makes cleaning messy nappies easier & keeps nappies stain-free)

At JoeyRoo we have a range of nappy starter packs & nappy accessories. Check out:

- * our website www.JoeyRoo.com
- * our facebook page www.facebook.com/JoeyRoo.Ireland
- * our twitter page www.twitter.com/JoeyRoo_

for further details.